



## **CrossFit Telluride Bear Creek Trail Partner Challenge 2010**

**Saturday October 16th, 2010**

2.5 mile run up to the Bear Creek Waterfall  
CrossFit challenges and trivia questions along trail  
2.5 mile run back to town, finish at Town Park

11:00 am Meet at Telluride Town Park (festival location) underneath the White Tents (bra)  
11:00-11:25 am Go over rules, warm up & walk to Bear Creek Trailhead on South Pine St.  
11:30 am RACE TIME!  
2:00 pm Pot Luck BBQ at Andrew and Teresa's home 231 North Townsend Ave.

This event is open to Telluride, Hypoxia, Durango, and Agoge CrossFit Gyms

You must bring one large water bottle each, running shoes, \$5 and a partner  
Your donation of \$5 each will help us purchase equipment for future races  
Please arrive no later than 11:00 on Saturday morning

Space is limited so register ASAP by calling Teresa and Andrew at 728-4622